Strategies to support positive behaviour in the classroom
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spectronics.com.au/online
Behaviours we might see

• Prefer routines and sameness and dislike change
• Meltdowns
• Repetitive behaviours
• Obsess over particular interest areas
• Sensory challenges affect behaviours
• Seek sensory stimulation
What are Visual Supports?

Things that we SEE to enhance the communication process
Why use Visual Supports?

• Verbal instructions are not adequate
• Information presented visually helps some people learn
• Understand what is happening next
• More concrete and stable
• Consistency
• May seem like they understand by repeating or following environmental cues
Types of Visual Supports

- Body Movement
- Environmental Cues
- Traditional Tools
- Specialised communication aids
Examples

• Timetables and schedules
• Mini schedules and activity sequences
• Visual Timers
• Rewards
• Social Stories
• Behaviour contract, emotions meter, class rules, problem solving
Using Boardmaker to create visual supports
Apps for Special Education List

By the Spectronics Consultancy Team
Timetables and schedules

Stories at the library

1. Hang up coat
2. Sit down
3. Listen to the story
4. Draw a picture
5. Have a snack

- Visual Routine
- Choiceworks
Mini schedules/activity sequences

- Visual Schedule Planner
- Custom Boards Premium
Visual Timers

- Sharing Timer
- Time Timer
Rewards

<table>
<thead>
<tr>
<th>First</th>
<th>Then</th>
</tr>
</thead>
<tbody>
<tr>
<td>reading</td>
<td>computer</td>
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- Token board
- iEarnedThat
Social Stories

Visual, video, photo stories created for specific learning of specific social behaviours

Originally developed by Carol Gray

www.thegraycentre.org
Can be used...

- To prepare someone for new events and experiences
- To teach positive behaviour
- To teach a new skill
Structure

• 3 types of sentences
• Descriptive - provide information
• Perspective - describe internal states
• Directive - tells the person what to do to be successful
Tips and tricks

• Write from the individual's perspective
• Write in present tense
• Use positive language
• One skill per story
• Visual supports
• Involve the person or their team
Tips for implementing

• One at a time
• Practice BEFORE the challenging situation occurs
• Clear instructions for use
• Consistent across all support
• Review and revise
Create with

- Clicker
- Boardmaker
- Powerpoint

A variety of apps
- Pictello
- Creative Book Builder
- Story Buddy
- Puppet Pals
- Strip Designer
Other behaviour management

- Other visual apps
- Other AAC apps
- Choiceworks